



Sport	Gymnastics Festival
Age Group	Yr 1 & 2
Gender	Mixed (50% boys 50% girls)
Team / Squad Size	4

Team Requirements

All gymnasts must be Under 7 (as at 31st August **2017**) i.e. Current year 2 or below. It is not compulsory for teams to have an even mix of Year 1 and Year 2 children. Teams must have a named manager; the nominated adult must supervise their team and is responsible for their gymnasts' welfare

Schools can enter a maximum of 1 team of 2 boys and 2 girls into this Level 2 festival.

Gymnasts will wear leotards, or shorts and t-shirts and have bare feet. Hair will be tied back and all jewellery **must be removed**, taping is not acceptable.

Competition Format

The gymnasts will move around the set up stations and work on various skills and routines for a set time.

Stations will include the following:

- Bench sequence
- Beam sequence
- Floor skills
- Jumping
- Spring board (vault)
- Rhythmic scarf
- Rhythmic hoop

Contact

For further clarification on the rules please contact the New Forest School Sport Partnership; j.cross@testwood.hants.sch.uk , 02380 665499

Progression

No progression