



Sport	Pre-Start Quadkids
Age Group	KS1 (Yr 1 & 2)
Gender	Mixed
Team / Squad Size	8 (4 boys/4 girls)

Team Requirements

All athletes must be Under 7 (as at 31st August **2017**) i.e. Current Year 2 or below. It is not compulsory for teams to have an even mix of Year 1 and Year 2 children. Teams must have a named manager; the nominated adult must supervise their team and is responsible for their players' welfare

A team will consist of 8 athletes (4 boys and 4 girls).

Simple Rules

The competition is a quadrathlon competition where individual performances are scored using a points table and the winners are the team with the highest cumulative points score.

More than one team can be entered from each school.

Each athlete will take part in all four events:

- 50m Sprint
- 300m Run
- Vortex Howler Throw
- Standing Long Jump

The four events will take place in a rotational sequence.

Contact

For further clarification on the rules please contact the New Forest School Sport Partnership; j.cross@testwood.hants.sch.uk , 02380 665499

Progression

No progression.