



Sport	Cross Country Relays
Age Group	Yr 3 & 4
Gender	Boys and Girls Combined Teams
Team / Squad Size	6 athletes (3 boys and 3 girls)

Team Requirements

All athletes must be Under 9 (as at 31st August **2017**) i.e. Current year 4 or below. Teams must have a named manager; the nominated adult must supervise their team and is responsible for their players' welfare.

In order to gain a team score there must be a minimum of 6 athletes in a team. Each team must consist of 3 boys and 3 girls. Schools can enter as many teams as they wish. It is not compulsory for teams to have an even mix of Year 3 and Year 4 children.

Competition Format

Six (6) children will form a team. Each athlete will run 1 lap of the course (see course map on page 2).

Half of the team will run in race 1 and the other half of the team will run in race 2.

Each team in race 1 must have one (1) girl and two (2) boys. Each team in race 2 must have two (2) girls and one (1) boy. Runners can run in any order they wish

For example:

RACE 1

Leg 1 – Boy runner

Leg 2 – Girl runner

Leg 3 – Boy runner

RACE 2

Leg 1 – Girl runner

Leg 2 – Girl runner

Leg 3 – Boy runner

Scores (positions) from race 1 and race 2 are combined to give an overall team score (i.e. 1st place and 4th place = 5 points)

Contact

For further clarification on the rules please contact the New Forest School Sport Partnership; j.cross@testwood.hants.sch.uk , 02380 665499

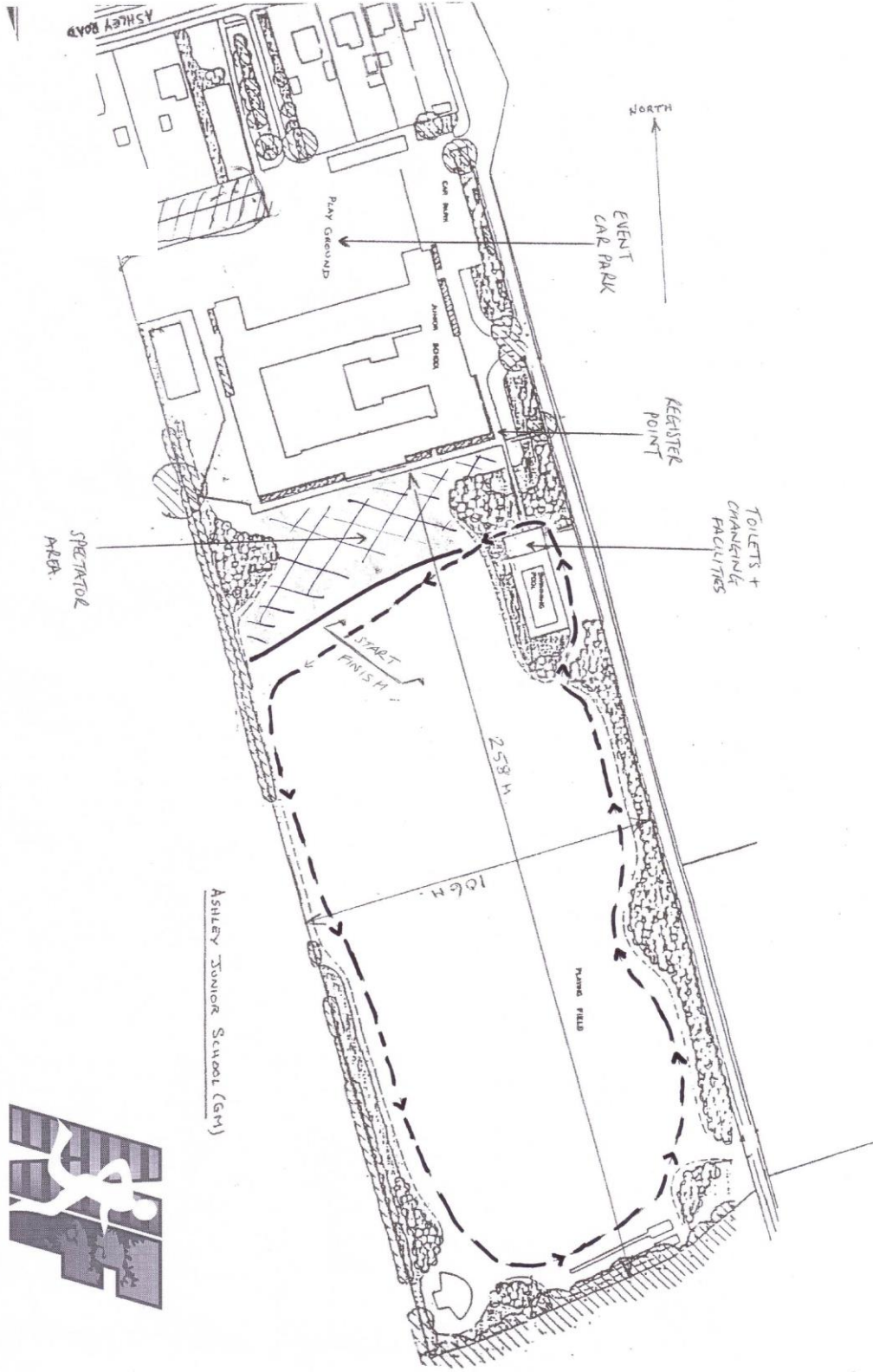
The competition will be run in partnership with New Forest Juniors Athletics Club.

Progression

No progression



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