



Sport	<b>Gymnastics Festival</b>
Age Group	Yr 3 & 4
Gender	Mixed (50% boys 50% girls)
Team / Squad Size	4

**Team Requirements**

All gymnasts must be Under 9 (as at 31<sup>st</sup> August **2017**) i.e. Current year 2 or below. It is not compulsory for teams to have an even mix of Year 1 and Year 2 children. Teams must have a named manager; the nominated adult must supervise their team and is responsible for their gymnasts' welfare

Schools can enter a maximum of 1 team of 2 boys and 2 girls into this Level 2 festival.

Gymnasts will wear leotards, or shorts and t-shirts and have bare feet. Hair will be tied back and all jewellery must be removed, taping is not acceptable.

**Competition Format**

The gymnasts will move around the set up stations and work on various skills and routines for a set time.

Stations will include the following:

- Bench sequence
- Beam sequence
- Floor skills
- Jumping
- Spring board (vault)
- Rhythmic scarf
- Rhythmic Hoop

Although this is not a regular competition there may be an opportunity for 3 schools to represent the New Forest area at the Level 3 School Games finals in June 2016. Three schools at our festival are selected to represent New Forest SSP = 6 boys 6 girls = team of 12.

**Contact**

For further clarification on the rules please contact the New Forest School Sport Partnership; [j.cross@testwood.hants.sch.uk](mailto:j.cross@testwood.hants.sch.uk) , 02380 665499

**Progression** - TBC