



Sport	Quicksticks
Age Group	Yr 3 & 4
Gender	Mixed
Team / Squad Size	Max 6 (3 boys/3girls)

Team Requirements

All players must be Under 9 (as at 31st August **2017**) i.e. Current year 4 or below. It is not compulsory for teams to have an even mix of Year 3 and Year 4 children. Teams must have a named manager; the nominated adult must supervise their team and is responsible for their players' welfare

A team will consist of a maximum of 6 players (consisting of 3 boys or 3 girls). No athlete shall be nominated for more than one team.

Simple Rules

Festival based on various Quicksticks skills challenges. Challenges will focus on controlling the ball, passing the ball, dribbling the ball and shooting.

It is recommended that players have shin pads, mouth guards and appropriate footwear (no studs). It is also recommended that schools bring their own hockey sticks as we can't guarantee sticks for all players taking part (balls will be provided).

Quicksticks equipment can be purchased via the Youth Sport Direct website http://shop.youthsportdirect.org/Quicksticks_s/1920.htm

Contact

For further clarification on the rules please contact the New Forest School Sport Partnership; j.cross@testwood.hants.sch.uk , 02380 665499

Progression

No progression.