



Sport	Forest Schools Cross Country
Age Group	Yr 3 to 6
Gender	Boys and Girls Separate Teams
Team / Squad Size	Schools can enter any number of runners for each race

Team Requirements

All athletes must be Under 11 (as at 31st August **2017**) i.e. Current year 6 or below. Teams must have a named manager; the nominated adult must supervise their team and is responsible for their players' welfare.

Schools can enter any number of runners. In order to gain a team score there must be a minimum of 3 athletes in a race (i.e. full teams consist of 3 runners). Schools can enter as many teams as they wish. Individual runners can also take part.

Competition Format

There are four separate competitions at this event:

- Year 3/4 Girls race
- Year 3/4 Boys race
- Year 5/6 Girls race
- Year 5/6 Boys race

For each race, the first 3 runners in each team will score as the **A team**, the next 3 the **B team** and so on. Schools can send as few as 3 runners to achieve a team score. Incomplete teams are also allowed to run as well individuals.

Team managers will be asked to record their teams' results on results sheets/envelopes and return immediately to the results recorder after each race.

Athletes should bring warm clothes as there may be some waiting around between races

Contact

For further clarification on the rules please contact the New Forest School Sport Partnership; j.cross@testwood.hants.sch.uk , 02380 665499

The competition will be run in partnership with New Forest Juniors Athletics Club.

Progression

No progression