



Sport	Athletics Championships
Age Group	Yr 5 & 6
Gender	Mixed
Team / Squad Size	Minimum 8 (4 boys/4 girls) if competing as a team

Team Requirements

All athletes must be Under 11 (as at 31st August **2017**) i.e. Current year 6 or below. It is not compulsory for teams to have an even mix of Year 5 and Year 6 children. Teams must have a named manager; the nominated adult must supervise their team and is responsible for their players' welfare

A team will consist of a minimum of 8 athletes (4 boys and 4 girls). However, schools do not have to bring a whole team to take part and can just bring individual athletes to compete.

Simple Rules

Children can take part in a maximum of 1 run, 1 field and 1 relay.

Running Events – 80m A and B, 150m and 600m (boys and girls)

Field Events – Standing Long Jump, Standing Triple Jump, Vortex Javelin and Shot Put

Relays – 4 x 100m

Proposed Timetable

13:30	Team Registration		
13:40	Team Manager Briefing		
14:00	80m Boys (A + B runners) 80m Girls (A + B runners)	Standing Long Jump Boys Standing Triple Jump Boys	Vortex Javelin Girls Shot Put Girls
15:00	600m Boys 600m Girls	Vortex Javelin Boys Shot Put Boys	Standing Long Jump Girls Standing Triple Jump Girls
16:00	150m Boys 150m Girls	Field Events Catch-up	
17:30	Girls 4x100m Relays Boys 4x100m Relays		
17:50	Presentations		
18:00	Finish		



Contact

For further clarification on the rules please contact the New Forest School Sport Partnership;
j.cross@testwood.hants.sch.uk , 02380 665499

Progression

The top two schools will progress through to the County Finals in Aldershot on Thursday 30th June.
Please note that this competition will be a Quadkids competition.