



Sport	Cross Country Relays
Age Group	Yr 5 & 6
Gender	Boys and Girls Separate Teams
Team / Squad Size	3

Team Requirements

All athletes must be Under 11 (as at 31st August 2017) i.e. Current year 6 or below. Teams must have a named manager; the nominated adult must supervise their team and is responsible for their players' welfare.

Full teams to consist of 3 runners. Schools can enter as many teams as they wish. Individual runners can also take part.

Competition Format

Each runner will complete one lap of the course. Each lap is approximately 1,200m.

The 1st leg runner will start the race (with all the other 1st leg runners). They will then run the course and then tag the 2nd leg runner and so on. The race finishes when the 3rd leg runner crosses the finish line.

Race numbers and pins are provided by the School Sport Partnership.

Course map is provided with these rules.

Contact

For further clarification on the rules please contact the New Forest School Sport Partnership; j.cross@testwood.hants.sch.uk , 02380 665499

The competition will be run in partnership with New Forest Juniors Athletics Club.

Progression

No next round



NEW FOREST

SCHOOL SPORT

PARTNERSHIP

PART OF THE
Sainsbury's
SCHOOL GAMES

New Forest Primary School Sport

Under 11 Cross Country Relays

(Boys and Girls)

