



Sport	<b>Sportshall Athletics League</b>
Age Group	Yr 5 & 6
Gender	Mixed
Team / Squad Size	Max 8 (4 boys/4girls)

**Team Requirements**

All players must be Under 11 (as at 31<sup>st</sup> August **2017**) i.e. Current year 6 or below. It is not compulsory for teams to have an even mix of Year 5 and Year 6 children. Teams must have a named manager; the nominated adult must supervise their team and is responsible for their players' welfare

A team will consist of a maximum of 8 players (consisting of 4 boys or 4 girls). No athlete shall be nominated for more than one team. Each athlete must take part in 1 track event, 1 field event and 1 team relay.

**Simple Rules**

This event will be run over 3 separate dates. Teams entering must be able to attend all three dates (places are limited). Events include: 1 Lap Run, 2 Lap Run, 3 Lap Run (new event), Standing Long Jump, Standing Triple Jump, Speed Bounce, Shot Put and a 1 Lap Relay.

		GIRLS	BOYS
TRACK	1 Lap (A)		
	1 Lap (B)		
	2 Lap		
	3 Lap		

FIELD	Long Jump		
	Triple Jump		
	Speed Bounce		
	Shot Put		

**Contact**

For further clarification on the rules please contact the New Forest School Sport Partnership; [j.cross@testwood.hants.sch.uk](mailto:j.cross@testwood.hants.sch.uk) , 02380 665499

The competition will be run in partnership with New Forest Junior Athletics Club.

**Progression**

No progression.