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| Sport | Gymnastics Competition |
| Age Group | Yr 5 & 6 |
| Gender | Mixed (50% boys 50% girls) |
| Team / Squad Size | 4 |

Team Requirements

All gymnasts must be Under 9 (as at 31st August **2017**) i.e. Current year 4 or below. It is not compulsory for teams to have an even mix of Year 3 & 4 children. Teams must have a named manager; the nominated adult must supervise their team and is responsible for their gymnasts' welfare

Gymnasts will wear leotards, or shorts and t-shirts and have bare feet. Hair will be tied back and all jewellery must be removed, taping is not acceptable.

Competition Format

The gymnasts will perform the KEY STEP LEVEL 2 ROUTINES IN FLOOR, VAULT AND BODY MANAGEMENT for Years 3 & 4. Key Step resources are available via the British Gymnastics Partner School registration:

<https://www.british-gymnastics.org/clubs/schools/schools-gymnastics>

The competition area will be 6m x 1m for body management and the floor routine.

The vault competition will use an 'old-style' 1metre high box vault. Gymnasts WILL NOT have the use of a springboard in the vault competition.

Contact

For further clarification on the rules please contact the New Forest School Sport Partnership; j.cross@testwood.hants.sch.uk , 02380 665499

Progression – No Progression